

# Seat Belt Pillow

All seams are 1/4".

Requirements:

Fabric: 1/4 yard will make two pillows

Two sets Soft Velcro squares about 3/4". Need four sets for two pillows.

Polyfil

Cutting for one pillow:

Two - 5" x 7" pieces of fabric for pillow

Two 3 1/2" x 5" pieces of fabric for tabs

With right sides together, fold the two tabs lengthwise and sew across one small end and down the longer end. Leave the other small end open and turn right side out. Press with the one seam on the side and the fold on the other side.

Center and sew the soft side of the Velcro on to the end of each tab about 1/4" from the finished end.

Place the unsewn ends of two tabs on the long side of one of the 5" x 7" rectangle, leaving 1 1/4" between the tabs. Pin tabs in place.

Place the other two sides of the Velcro on the same 5" x 7" rectangle under the soft side of the Velcro on the tabs. This will ensure the Velcro is lined up. Sew in place.

Place the other 5" x 7" rectangle on top with right sides together and sew around three sides, leaving one of the smaller ends open. Make sure you don't have the finished ends of the tabs with the Velcro in the seam.

Turn right side out and press.

Fill with polyfil. Do not over fill these pillows, fill to approximately 1 1/2" tall. Soft is better than rock hard.

Turn the open end of the pillow in about 1/4" and hand or machine sew (close to edge) closed.